

# EHPs celebrate World Hand and Hygiene Day in Plettenberg Bay with Day Care Facilities

Wednesday, 16 May 2018

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Environmental Health Practitioners of Plettenberg Bay: Ms Nokuphiwa Mbali, Ms Maxwelline Fatuse and Ms Zoleka Goniwe with Staff and children at Kranshoek Kleuters.

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On 8 and 9 May 2018, the Eden District Municipality's (Eden DM's) Environmental Health Practitioners celebrated World Hand and Hygiene Day in New Horizons at the Kranshoek Kleuters and Baby Eagles Daycare with children from ages between one and five.

A hand washing demonstration was provided to children and teachers. It was explained to teachers and children that hands should always be washed after:

â€¢ Using the toilet;

â€¢ Changing a diaper;

â€¢ Disposing of waste in a waste bin;

â€¢ Touching one's hair, face and nose; and

â€¢ A child played outside.

It is also as important to wash one's hands before preparing or eating food.

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Two children of Kranshoek Kleuters have a chance to show how to wash hands properly to the Plettenberg Bay Environmental Health Practitioners.

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The World and Hygiene Day focus for this year is on the importance of hand hygiene -Â washing hands with soap as a vital approach to disease prevention. When people do not wash their hands properly/correctly, it can cause diarrhoea. According to the World Health Organisation (WHO), diarrhoea affects all age groups, however, it's more pronounced in very young people. It has proven to be among the leading causes of death in children under five years old. It gets even worse when diarrhoea coincides with malnutrition and dehydration.Â Â Â

Good hand hygiene can reduce the risk of diarrheal infection amongst children by approximately 50%.